



### 1. Basic Patient Information

Name \_\_\_\_\_ (*first*) \_\_\_\_\_ (*middle*) \_\_\_\_\_ (*last*)

Address \_\_\_\_\_ (*street*)

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Telephone \_\_\_\_\_ - \_\_\_\_\_ (*home*) \_\_\_\_\_ - \_\_\_\_\_ (*work*) \_\_\_\_\_ - \_\_\_\_\_ (*cell*)

Email \_\_\_\_\_ @ \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ (*mm/dd/yyyy*) \_\_\_\_\_ Male \_\_\_\_\_ Female

Social Security Number \_\_\_\_ - \_\_\_\_ - \_\_\_\_ *or* Drivers License Number \_\_\_\_\_

Marital Status \_\_\_\_\_ Married/Partnership \_\_\_\_\_ Separated/Divorced \_\_\_\_\_ Single

Education \_\_\_\_\_

Profession \_\_\_\_\_ Employer \_\_\_\_\_

Work Address \_\_\_\_\_ (*street*)

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Emergency Contact \_\_\_\_\_ (*name*)

Telephone \_\_\_\_\_ - \_\_\_\_\_ (*home*) \_\_\_\_\_ - \_\_\_\_\_ (*work*) \_\_\_\_\_ - \_\_\_\_\_ (*cell*)

Address \_\_\_\_\_ (*street*)

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Relationship \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ (*name*)

Address \_\_\_\_\_ (*clinic name*) \_\_\_\_\_ (*street*)

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Did your physician express to be kept informed on treatment progress? \_\_\_\_ YES \_\_\_\_ NO  
(*if yes, please duly fill out records release form*)



## 2. Referral Information

How did you hear about our clinic? \_\_\_\_\_ (*media, internet, etc*)

Have you been referred to our clinic? \_\_\_\_ YES \_\_\_\_ NO

May we thank the person who referred you? \_\_\_\_ YES \_\_\_\_ NO

Name \_\_\_\_\_

Address \_\_\_\_\_

Relationship \_\_\_\_\_

## 3. ANAMNESIS

### 3.1. Chief Complaint

What are the main health concerns you wish to address?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### 3.2. Current and Past Treatment

Have you received treatment for these problems? \_\_\_\_ YES \_\_\_\_ NO, if yes, which:

\_\_\_\_ Conventional \_\_\_\_ Naturopathic \_\_\_\_ Osteopathic \_\_\_\_ Chiropractic \_\_\_\_ Oriental

Please list the names of the physicians you have formerly consulted with for this problem:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### 3.3. Hospitalizations and Surgeries

Have you undergone any surgeries in the past? \_\_\_\_ YES \_\_\_\_ NO, if yes, which:

1. \_\_\_\_\_



- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

### 3.4. Medications and Supplements

What medications are you currently taking?

- 1. Prescription: \_\_\_\_\_
- 2. Non-prescription: \_\_\_\_\_
- 3. Supplements (Vitamins): \_\_\_\_\_
- 4. Raw or Dried Herbs: \_\_\_\_\_

### 3.5. Allergies

Are you allergic to any medications? \_\_\_ YES \_\_\_ NO, if yes, which:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

Are you allergic to any food products? \_\_\_ YES \_\_\_ NO, if yes, which:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

Are you allergic to any environmental products? \_\_\_ YES \_\_\_ NO, if yes, which:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

### 3.6. Mental Disorders

Have you ever been diagnosed with a mental disorder? \_\_\_ YES \_\_\_ NO, if yes, which:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_



**3.7. Communicable Diseases**

Do you have an active contagious illness? \_\_\_\_ YES \_\_\_\_ NO, if yes, please check:

Pulmonary Tuberculosis		Tropical Diseases	
Measles		West Nile Virus	
Hepatitis A, B, C		SARS	
HIV/ AIDS		Influenza	
Malaria		Diphtheria	
Meningitis		Pertussis	
Encephalitis		Other:	

**3.8. Lifestyle**

Breakfast \_\_\_\_\_

Lunch \_\_\_\_\_

Dinner \_\_\_\_\_

Snacks \_\_\_\_\_

Fluids \_\_\_\_\_

Exercise \_\_\_\_\_

Occupation \_\_\_\_\_ Hours/ Week \_\_\_\_\_

**3.9. Family History** (Please check if applicable)

Illness	Father	Mother	Brother	Sister
Cancer				
Diabetes				
Heart Disease				
Stroke				
Mental Illness				
Other				